

Phillip Ozimek

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EMPLOYMENT

Since 2016 Research Fellow, Department of Social Psychology, Ruhr University Bochum

2014-2016 Research Assistant, Department of Social Psychology, Ruhr University Bochum

2012-2016 Tutor for Statistics in Psychology, Department of Experimental Psychology and Methods, Ruhr University Bochum

EDUCATION

Dr. rer. nat., Psychology (2018). Ruhr University Bochum. Dissertation: *Soziale Medien als Mittel zur Selbstregulation: Validierung der Sozialen Online-Selbstregulations-Theorie am Beispiel Sozialer Vergleiche, Materialismus, Narzissmus, Selbstwert und Depressionen* [Social media as means for self-regulation: Validation of the Social Online-Self-Regulation Theory using the example of social comparisons, materialism, narcissism, self-esteem and depression]

M.Sc., Clinical Psychology (2016). Ruhr University Bochum. Thesis: *Materialisten auf Facebook: Die Bedeutung von Sozialen Vergleichen, Impression Management und digitalen Freundschaften* [Materialists on Facebook: The meaning of Social Comparisons, Impression Management and digital friendships]

B.Sc., Psychology (2014). Ruhr University Bochum. Thesis: *Facebookaktivität im Altersverlauf: Sozialer Vergleich und Selbstwert als Einflussfaktoren* [Facebook use depending on age: Social Comparison and Self-Esteem as impact factors]

RESEARCH

Publications

Ozimek, P., Bierhoff, H. W., & Hanke, S. (2018). Do vulnerable narcissists profit more from Facebook use than grandiose narcissists? An examination of narcissistic Facebook use in the light of self-regulation and social comparison theory. *Personality and Individual Differences, 124*, 168-177. DOI: 10.1016/j.paid.2017.12.016.

Ozimek, P., Baer, F., & Förster, J. (2017). Materialists on Facebook: the self-regulatory role of social comparisons and the objectification of Facebook friends. *Heliyon, 3*(11), e00449. DOI: 10.1016/j.heliyon.2017.e00449.

Ozimek, P., & Förster, J. (2017). The impact of self-regulatory states and traits on Facebook use: Priming materialism and social comparisons. *Computers in Human Behavior, 71*, 418-427. DOI: 10.1016/j.chb.2017.01.056.

Ozimek, P., & Bierhoff, H. W. (2016). Facebook use depending on age: The influence of social comparisons. *Computers in Human Behavior*, 61, 271-279. DOI: 10.1016/j.chb.2016.03.034.

Conference Presentations

Talks

Ozimek, P. & Förster, J. (2016, September). *Der Einfluss von Materialismus und Sozialen Vergleichen auf den Facebook-Konsum- Eine Priming-Studie* [The impact of materialism and social comparisons on Facebook use- A priming study]. Conference presentation presented at the 50th Conference of the German Psychological Society (DGPs), Leipzig, Germany.

Ozimek, P. & Förster, J. (2015, September). *Materialisten auf Facebook: Die Bedeutung von Sozialen Vergleichen, Impression Management und digitalen Freundschaften* [Materialists on Facebook: The meaning of Social Comparisons, Impression Management and digital friendships]. Conference presentation presented at the 15th Meeting of the Social Psychology Section of the German Psychological Society (DGPs), Potsdam, Germany.

Förster, J., Ozimek, P., & Hanke, S. (2015, September). *Konkret und zeitlich nahe: Warum Habenziele Seinszielen functional überlegen sind* [Concrete and proximate: Why goals of having are functionally superior to goals of being]. Conference presentation presented at the 15th Meeting of the Social Psychology Section of the German Psychological Society (DGPs), Potsdam, Germany.

Posters

Ozimek, P., Hanke, S. & Bierhoff, H.W. (2017, September). *Why vulnerable narcissists benefit from Facebook use, but grandiose do not – An examination of narcissistic Facebook use in the light of self-regulation*. Poster presented at the Conference of the Methods & Evaluation Section of the German Psychological Society (DGPs). DOI: 10.13140/RG.2.2.27284.40324.

Ozimek, P. & Förster, J. (2017, March). *Der Einfluss selbstregulatorischer States und Traits auf den Facebookkonsum: Priming von Materialismus und Sozialen Vergleichen* [The impact of self-regulatory states and traits on Facebook use: Priming materialism and social comparisons]. Poster presented on the 59th Conference of Experimental Psychologists, Dresden, Germany. DOI: 10.13140/RG.2.2.20997.55522.

Blaschke, L., Ozimek, P. & Förster, J. (2017, March). *Milliarden Nutzer, Milliarden soziale Vergleichsmöglichkeiten? – Der Einfluss von Facebook auf die soziale Vergleichsorientierung: Eine Priming-Studie* [Billions of users, billions of social comparisons? – The impact of Facebook on participants' social comparison orientation: A priming study]. Poster presented on the 59th Conference of Experimental Psychologists, Dresden, Germany. DOI: 10.13140/RG.2.2.12608.94727.

Brandenberg, G., Janker, C., Ozimek, P., & Förster, J. (2017, September). *Du bist, was du XING'st - Validierung einer Skala zur Erfassung des Nutzerverhaltens auf dem beruflichen Online-Netzwerk "XING"* [You are, what you are „Xinging“ – Validation of a scale for behavior on the professional networking site „XING“]. Poster presented at the Conference of

the Methods & Evaluation Section of the German Psychological Society (DGPs). DOI: 10.13140/RG.2.2.33995.28962.

Additional Research Experience

Since 2015 *Outstanding Reviewer*, Computer in Human Behavior, Elsevier

2014-2015 *Research Intern*, Department of Clinical Psychology and Psychotherapy, Ruhr University Bochum

2012 *Research Intern*, Department of Applied Developmental and Social Psychology, Ruhr University Bochum

TEACHING

Teaching experience

Since 2018, *Applied Social Psychology: Friendship, Love, Social Media and Positive Psychology*: University of Applied Sciences Dortmund

Since 2017, *Lecturer, Social Psychology*: University of Applied Sciences Dortmund

Since 2016, *Lecturer, Applied Social Psychology- New Media*: Ruhr University Bochum

Since 2016 *Lecturer, Social Psychology I and II*: Ruhr University Bochum

Since 2016 *Lecturer, Empirical-Experimental Internship: Social Media as means for Self-Regulation*: Ruhr University Bochum

2012-2016: *Tutorial in Statistics I, II and III*: Ruhr University Bochum

PROFESSIONAL MEMBERSHIPS

Association for Psychological Science (APS)

Deutsche Gesellschaft für Psychologie [German Psychological Society (DGPs)]

Society for Personality and Social Psychology (SPSP)